EmilyTest

Tackling Gender Based Violence in Education

Introducing the EmilyTest GBV Induction E-Module (Scottish Colleges)

**Strives to meet the requirements of E6 Regulations while fully aligning with the Principles of the EmilyTest GBV Charter*

Addressing all forms of Gender-Based Violence (GBV) in Universities and Colleges

All forms of GBV remain significant and pervasive issues across universities and colleges. According to the Office for National Statistics (ONS), students are the occupational group at the highest risk of being subjected to sexual assault. The Office for Students also found that for students who were assaulted in the past 12 months, the most common perpetrator was another student. In addition, Revolt Sexual Assault's national student survey found that nearly two-thirds of students (62%) were subjected to sexual violence or harassment during their time at university.

These statistics further highlight the urgent need for effective, proactive education to prevent such harms and ensures safe intervention. That's why EmilyTest - the only charity in the UK solely focused on tackling GBV in higher and further education – has applied its specialist knowledge and expertise to develop this ground-breaking **induction module,** designed to prevent harm before it begins.

Who are we?

EmilyTest is a charity committed to improving GBV prevention, intervention and support at universities and colleges throughout the UK and Ireland. EmilyTest was set up in memory of Emily Drouet, an undergraduate law student, who was subjected to a sustained campaign of GBV by a fellow student. Emily tried to get help from her university, but the abuser remained in the same halls of residence where he was able to see Emily's room from his window.

After several more assaults, on March 17th, 2016, Emily took her own life only minutes after her abuser visited her room unnanounced. Our mission is to ensure no other student ends up in Emily's shoes. We aim to achieve this through our GBV Charter, EmilyTest Network, training and campaigns.

Why an Induction Module?

Prevention is better than cure, and we all play our part. Education must start before problematic behaviour occurs. Many students arrive on campus without a clear understanding of consent, boundaries, or the impact of gender-based violence. Institutions also report that students subject to disciplinary action often state: “I didn’t know it was wrong” or “I didn’t realise I was breaking the code of conduct.” Our module bridges this knowledge gap and ensures students confirm their understanding of unacceptable behaviours, cultural differences and the law, aiding both prevention and disciplinary clarity.

EmilyTest strongly recommends that institutions adopt this module as a **mandatory** requirement for all students. Making the module compulsory is essential to ensure that every student receives this critical learning. When participation is optional, those who would benefit from it the most are often the first to opt out. A mandatory approach removes this barrier, guaranteeing that no student misses out on the knowledge needed to promote safety, respect, and accountability across the institution.

Acknowledging the challenges associated with mandatory modules, we have developed multiple versions of the package, which guarantees that there is a format suitable for your diverse student demographics. This flexibility allows institutions to accommodate a wide range of needs, learning preferences, and sensitivities while still ensuring full-cohort participation.

Module Package Overview

Purchase of the EmilyTest GBV Module Package includes 4 different versions to suit the diverse needs of the student population. These versions are:

- Standard GBV Module
- Opt-out GBV Module
- Plain Language GBV Module
- Plain Language Opt-Out GBV Module

We have created this package to ensure the module is as accessible as possible for all students, including those who may be victim/survivors and those with additional support needs. The standard module provides an in-depth explanation of GBV, while the opt-out version removes potentially triggering content.

The Plain Language version covers the same core topics as the standard module but is designed for students at SCQF level 6 and below, ESOL learners, and those on personal development programmes. It features accessible language, additional guidance, and a more manageable structure to support engagement and understanding.

The Plain Language Opt-Out version incorporates these accessibility features while removing sensitive content, making it appropriate for students who are both victim/survivors and those with additional support needs. Although the Opt-Out versions are significantly reduced, they still ensure students are aware of crucial reporting and support avenues.

Please see below the content overview of each module:

Standard Module:

1. Understanding Gender-Based Violence and Consent
2. Red Flags and Healthy Relationships
3. How does Gender-Based Violence affect me?
4. Bystander Intervention
5. Reporting Gender-Based Violence
6. Quiz
7. Summary and Support

Opt-Out Module:

1. Understanding Gender-Based Violence, Consent and Intersectionality
2. Bystander Intervention
3. Reporting Gender-Based Violence
4. Summary and Support

Plain Language Module:

1. Understanding Gender-Based Violence and Consent
2. Red Flags and Healthy Relationships
3. How does Gender-Based Violence affect me?
4. Bystander Intervention
5. Reporting Gender-Based Violence
6. Summary and Support

Plain Language Opt-Out Module:

1. Understanding Gender-Based Violence, Consent and Intersectionality
2. Bystander Intervention
3. Reporting Gender-Based Violence
4. Summary and Support

What makes the module package unique?

Module structure and customisation

- **Customisable Content:** The module is white-labelled, allowing institutions to brand it as their own by adding logos, institutional colours, and support information. EmilyTest will work with you to customise and support implementation on an ongoing basis.
- **Opt-out version:** The opt-out version of the module is for students who may find certain content triggering. This ensures the module remains trauma-informed and inclusive, while still providing all students with access to essential information.

Developed with expertise and experience

- **Survivor-Led and based on lived-experience:** The module opens with a powerful video from Fiona Drouet, who tragically lost her daughter, Emily, to GBV in 2016. Fiona calls on students to take a small amount of time to protect themselves and others through this module.
- **Developed by Experts:** Created by the UK's only charity focused on tackling GBV in education, we understand the deep-rooted complexities of the University/College setting, and the unique cultural change that is needed on campus.
- **Informed by students and staff:** This module is guided by feedback from students and staff in higher and further education, incorporating diverse perspectives to enhance relevance and effectiveness.

Designed for engagement and impact

- **Interactive and accessible:** Fully interactive, the module is built with student behaviour in mind - acknowledging shorter attention spans, ensuring maximum impact. This module should take approximately 45 minutes to complete.
- **Centred on Student Voice:** Real student experiences and reflections are embedded throughout the module, ensuring the content is relatable, human, and grounded in lived experience. This helps students connect emotionally and understand their role in cultivating a safer community.
- **Designed for pre-matriculation:** The module fosters early awareness-raising and critical engagement with GBV related issues before entry into higher and further education.
- **Compliments Existing Modules:** Reinforcing key concepts of GBV without overlap, this module ensures alignment with broader institutional frameworks.

Learning, reflection and evaluation

- **Knowledge Checkpoints:** In the module, each lesson includes reflective questions to ensure genuine understanding - not just passive learning.
- **End of Module Quiz:** A short quiz is included within the module to reinforce learning and assess students' understanding of the content. Results will be available to institutions, enabling them to monitor engagement and identify areas where additional support or education may be needed. EmilyTest requests that this data be shared with us on a bi-annual basis to ensure the continuous development of the module.
- **Regularly Reviewed:** EmilyTest will review and update the module on an ongoing basis, as well as ensuring alignment with the latest evidence and emerging guidance from the sector.
- **Evaluated by students:** Students are encouraged to complete a short, end-of-module evaluation to reflect on their learning, assess changes in understanding, and provide feedback to support the module's continuous improvement. This comprises of 6 simple questions and should take no more than 5 minutes to complete.

Support for Institutions

The module provides clear evidence of student participation and comprehension, which strengthens your institution's response, safeguarding policies, and disciplinary processes. It forms a core part of your preventative strategy and demonstrates commitment to student wellbeing, safety, and cultural change.

As a not-for-profit organisation, our sole mission is to ensure the safety and wellbeing of students. We are committed to keeping our pricing as low as possible, allowing more institutions to access and deliver this vital training. All income from the module directly supports EmilyTest's ongoing efforts to build safe and supportive environments for students.

Pricing Table

(Subsidised by the Scottish Government)

Item	Cost
Module Package: Standard Version Opt-Out Version Plain Language Version Plain Language Opt-Out Version (One-time purchase)	£1,200
Annual license renewal (Payable 12 months after purchase)	£500/year

Module Preview:

Example: Homepage

At [insert institution name], your safety and wellbeing are our top priorities - we're committed to creating an environment where every student feels safe, secure and supported. Everyone deserves to be treated with respect, and violence of any kind is not tolerated.

By working together, we can build a college community where every student can thrive and reach their full potential.

By the end of this module, you will:

- Understand what Gender-Based Violence and Consent is
- Recognise the signs of Gender-Based Violence, and understand what it looks like
- Better understand what Healthy Relationships look like
- Identify and understand opportunities for Bystander Intervention
- Understand how Gender-Based Violence affects you
- Understand how to report Gender-Based Violence at your College

Example: Knowledge Check